

Comprehensive Sexual Health Informational Session



KINDERGARTEN- 8TH GRADE

CPS Mandate & Requirements



- In February 2013, the Chicago Board of Education approved the Comprehensive Sexual Health Education Policy (CSHE). This policy is mandated district-wide.
- Grades K-4th are required to have 300 instructional minutes of sexual health annually.
- Grades 5-8th are required to have 675 instructional minutes of sexual health annually.

The Sexual Health Curriculum is..



- Comprehensive
- Developmentally appropriate
- Medically accurate
- Emphasizes abstinence as a component of healthy sexual decision-making

Who? What? Where? When? Why?



- All teachers, school-wide, have been trained in this CSHE program. Instruction will be given by your child's homeroom teacher (K-5) or science teacher (6-8).
- Parent notification letters will be given at the beginning of the 3rd quarter.
 - Parents/guardians, who do not wish to have their child participate, must indicate so on the notification letter.
 - Those, who do not wish to participate, will be given an alternate assignment.
- Implementation will be in the 3rd/4th school quarter of the school year.

Sample Parent Notification Letter

Dear Parent or Guardian:

Sometime during the school year your child will receive Sexual Health Education as part of the CPS Sexual Health Education Policy. The Board acknowledges that parents/guardians are the primary sexuality educators for their child/children and Peirce Elementary is committed to partnering with parents/guardians to provide supplementary instruction to students via the sexual health education lessons. If you wish to have your child excused from participation in any of the lessons, please mark the checkboxes below accordingly.

- Respecting Individuals
- Families
- Families Change
- Bullying

In alignment with Illinois State Code 105 ILCS 110/3 (No pupil shall be required to take or participate in any class or course on AIDS or family life instruction if his parent or guardian submits written objection thereto, and refusal to take or participate in the course or program shall not be reason for suspension or expulsion of the pupil), no student shall be suspended or expelled for refusal to participate in any such course with submitted objection.

Scope & Sequence (K-4)



Kindergarten

- Private vs. Public
- Good Touch, Bad Touch
- Good Secrets, Bad Secrets
- Smart About Strangers

1st grade

- Respecting Individuals
- Families
- Families Change
- Bullying

2nd grade

- My Body
- All Living Things Reproduce
- Gender & Identity
- Keeping my Body Healthy

3rd grade

- Respecting Myself & Others
- Building Relationships
- Building Communities
- Bullying

4th grade

- What is puberty?
- Puberty boy, Puberty Girl
- Puberty Stress Management & Goal Setting
- Germs & Your Immune System
- What is HIV?

Scope & Sequence (5th & 6th)

5th grade

- Puberty
- Adolescent Health & Hygiene
- Self-Image & Body Image
- Human Reproduction
- Abstinence & Contraceptives
- HIV/AIDS
- Gender & Identity
- Personal Safety & Abuse
- Identifying Resources & Review

6th grade

- Human Anatomy & Reproduction
- Pregnancy & Birth
- Exploring Abstinence
- Contraceptives
- STIs & HIV Prevention
- Decision Making
- Delay Tactics & Refusal Skills
- Sexual Health Resources

Scope & Sequence (7th & 8th)

7th grade

- Adolescent Development
- Body Image & Self- Esteem
- Decision Making
- Relationships- Keeping it Healthy
- Relationships II Influences
- Relationships III Communication
- Navigating Technology & Relationships
- Identity- Gender Expression & Sexual Orientation
- Identity II- Respecting Differences

8th grade

- Cyber Bullying
- Teen Dating Violence
- Sexual Violence
- Pregnancy & Birth
- Exploring Abstinence
- Contraceptives
- STIs & HIV Prevention
- Sexual Health Resources
- Delay Tactics & Refusal Skills

Frequently Asked Questions



- **Can I opt out of 1 or more lessons?**
 - Yes, the parent notification letter will include an area to indicate whether you would like your child to participate.
- **Is sexual health provided in co-ed settings?**
 - The lessons can be provided in either setting. The content will remain the same.
- **What topics are beginning discussed?**
 - All lessons are age appropriate. Example topics include puberty, identity, healthy relationships, and personal safety.

Any questions, please email Mrs.
Graney at llevar@cps.edu



**PLEASE TAKE HOME A
COPY OF THE
COMPREHENSIVE
SEXUAL HEALTH SCOPE
AND SEQUENCE.**