### Menu of Interventions

### Tier 1 Interventions

- Second Step Classroom Lessons
- Classroom Talking Circles
- Restorative Conversations
- Panther PAWS

### Tier 2 Interventions

- Check-In Check-Out
- Homework Check-In Check-Out
- Social Skills Group Intervention
- Cognitive Behavioral Interventions for Trauma in Schools Group
- Structured Psychotherapy for Adolescents Responding to Chronic Stress Group
- Anger Coping Group
- Girls In Real Life Situations Group
- Skills for Success Group (PLP)
- Small Group Peace Circles
- Small Group Talking Circles
- Restorative Conversations

### Tier 3 Interventions

- Individual Counseling
- Referral to an Outside Agency
- Behavior/Attendance/Academic Contract
- Personal Learning Plans
- Restorative Conversations

### **BHT Staff**

School Main Office 773-534-2440

Virag Nanavati Assistant Principal

Anne Choe School Counselor

Ilana Morgan-Lopez School Social Worker

Athanasia Kolontouros Case Manager

If you have any questions and/or concerns and would like to meet with any of our BHT staff, please contact us to set up an appointment.

Thank you!

2016-2017

# Helen C. Peirce Elementary School of International Studies

# Behavioral Health Team

The mission of Helen C. Peirce
Elementary Counseling Department is to provide social, emotional, and academic supports to students. The supports provided will help students to meet their fullest potential and achieve academic success in school and as globally minded citizen who strive to make the world a better place through intercultural understanding and respect. Students will

be supported individually, in small groups, and in classroom settings to build academic, social, emotional, and college/career readiness.

### **BHT Referral Process**

\*\*\*If there is a crisis or a one-time event that is urgent (student is in immediate danger to self or others), bypass the BHT process and contact the main office and request for the school counselor or administrator immediately.

\*\*\*If there is a behavior incident that requires restorative disciplinary action, contact the Assistant Principal.

\*\*\* Before the homeroom teacher completes a referral, parent and teacher must have had previous communication regarding the concerns.

### How do I make a referral to the BHT?

- If you are not the student's homeroom teacher, please speak to the teacher and consider completing the forms together with the homeroom teacher to gather all necessary information.
- Homeroom teacher should place all completed forms in Ms. Choe's mail box in the main office.

## When do I make a referral to the BHT?

- Social-emotional development and/or behavior interfere with school performance.
- After classroom interventions have been tried and they are not working.
- After parent and teacher have worked together and the behavior still does not improve.
- There is a history of problems around a specific issue.
- Continues for a significant period of time.
- Behavior that is new or changed in intensity, frequency, or presentation.
- Routinely disrupts the classroom.
- Is beyond the student's control.

### What happens once I've turned in my referral?

- 1. Homeroom teacher will be notified that the referral was received.
- Ms. Choe will schedule a time to meet with the student, complete additional screeners, and observe the student in the classroom setting if necessary.
- 3. BHT will score all the screeners and meet with the teacher if necessary.
- 4. BHT will review at the next meeting and determine the appropriate intervention or make recommendations to outside counseling.
- 5. BHT will contact the parent and email the teacher to inform them of their decision.

\*Entire process takes up to approx. 3 wks

### BHT vs. IEP/504

- BHT is separate from the special education team.
- BHT provides support for general education students that have not yet been identified with a disability or may not qualify for special education services.

 BHT referrals may in some cases be referred to the special ed. team.