

Kinder- 1st grade

<b>Unit Title</b>	Locomotor/Non-locomotor Movements	Jump Rope	Stations	Cooperative Learning	Playground Games	Body Awareness
<b>Duration</b>	6 weeks	5 weeks	4 weeks	5 weeks	5 weeks	6 weeks
<b>Transdisciplinary Theme</b>	How we express ourselves	How the world works	Who we are	Who we are	How we express ourselves	Who we are
<b>Central Idea</b>	The way, in which we move, can express emotion.	Application of force and equilibrium are the primary movement principles used to jump rope.	Manipulative motor movements are the foundation of sports.	Working together requires effective problem solving.	The ability to creatively transfer concepts into new forum.	Moving through a space with awareness and control.
<b>Key Concepts</b>	Change, Form	Causation, Function,	Connection, Form, Change	Responsibility, Reflection, perspective	Function, Connection	Form, Function kinder*
<b>Related Concepts</b>	flexibility, spirituality, self-regulation, flow	body control, team work, safety	improvement, growth	team work, leadership, conflict	team work, leadership, safety	safety, body form, body control kinder*
<b>Lines of Inquiry</b> <b>An inquiry into:</b>	How do we express ourselves through <b>movement?</b> (yoga, dance, fitness)	What <b>scientific principles are used to jump rope?</b>	What <b>manipulative movements are used in</b>	What is a <b>conflict?</b> How do we <b>solve it?</b>	What <b>skills can be transferred to other areas of study?</b>	How can express <b>spatial awareness and self control safely in physical</b>

			<b>sports?</b>			<b>activities?</b>
--	--	--	----------------	--	--	--------------------

2nd grade

<b>Unit Title</b>	Locomotor/Non-locomotor Movements	Tumbling	Art in PE	Cooperative Learning	Playground Games	Soccer
<b>Duration</b>	6 weeks	7 weeks	3 weeks	5 weeks	5 weeks	6 weeks
<b>Transdisciplinary Theme</b>	How we express ourselves	How we express ourselves	How we express ourselves	Who we are	How we express ourselves	Who we are
<b>Central Idea</b>	The way, in which we move, can express emotion.	The ability to move through space in a new and creative way.	Art can be expressed through movement.	Working together requires effective problem solving.	The ability to creatively transfer concepts into a new forum.	To grow physically, mentally, and socially through organized sports.
<b>Key Concepts</b>	Change, Form	Form	Connection, Form, Change	Responsibility, Reflection, perspective	Function, Connection	Form
<b>Related Concepts</b>	flexibility, spirituality, self-regulation, flow	Aesthetics, body form, safety	aesthetics, body control, body form,	team work, leadership, conflict	team work, leadership, safety	Control, growth, improvement
<b>Lines of Inquiry</b> <b>An inquiry into:</b>	How do we express ourselves through <b>movement?</b> (yoga, dance, fitness)	In what ways, can <b>we move through space with an appreciation to aesthetic?</b>	How can we <b>create art using our bodies?</b>	How do we <b>overcome conflict in a group setting?</b>	What <b>skills can be transferred to other areas of study?</b>	In what ways, do we <b>benefit from team sports?</b>

3rd- 5th grade

<b>Unit Title</b>	Fitness	Volleyball	Basketball	Speedball	Soccer	Kickball/Softball/ Cabunga Ball
<b>Duration</b>	6 weeks	6 weeks	6 weeks	6 weeks	4 weeks	3 weeks
<b>Transdisciplinary Theme</b>	How we express ourselves	Who we are	How we organize ourselves	How we organize ourselves	How we express ourselves	How we organize ourselves
<b>Central Idea</b>	Understanding and staying healthy can be multi-faceted	Working, in a team, can create cohesion and unity	Sports are formed through the sequencing of basic skills	There is a physical balance between basketball and soccer in the game of speedball.	The sport of soccer is widely played in the Hispanic culture.	The concept of baseball can be adapted to create other games.
<b>Key Concepts</b>	Form, Causation	Function, Responsibility	Change, Form	Change, Form	Perspective, Connection	Function, Connection
<b>Related Concepts</b>	physiology, goal setting, strength & endurance	team work, leadership, community	Growth, challenge, mastery	flexibility, preservation	belonging, community, ethnicity	perservation, challenge, competition
<b>Lines of Inquiry</b>  <b>An inquiry into:</b>	How we express our values and beliefs through our lifestyle choices?	How can a team benefit through a sense of community?	How do we breakdown an advanced skill into steps?	How can we creatively transition between basketball and	What cultural differences (US & South America)	How can concepts transfer through different organized

				<b>soccer?</b>	<b>remain in the game of soccer?</b>	<b>sports or games?</b>
--	--	--	--	----------------	--	-----------------------------