



# Sticky Fingers Cooking

Cultivating 'Cool'inary Curiosity in Kids™

THYME to TURNIP the BEET on WHAT KIDS EAT

Truly Tasty + Fabulously Fun + Highly Acclaimed  
**New Cooking (And Always Awesome Eating!)  
 Classes Starting At Peirce!**

**8 Monday Classes**

**April 17th—June 12th (No Class: 5/29)**

**PreK Kids: 10:45-11:45am**

**K-8th Graders: 3:00-4:00pm**

Scroll Down For A Sneak Peek At Some of The AMAZING RECIPES The Kids Will Be Cooking-Up!



"I can't believe we made this!" -Cade (age 8)



When's the last time you had Ethiopian food?

Or yummy Greek, Swedish or Columbian food? Guess what? Your kids can have a blast every week discovering how easy and fun it is to prepare (and love to eat!) tasty, healthy globally-inspired + American Classic Sticky Fingers Cooking recipes!

Let your child release their inner chef!

**To Enroll Your Student**  
 Please Click on Active Links:  
[Online-Enrollment-PreK-Class](#)  
[Online-Enrollment-K-8th-Class](#)

**If they make it—they really want to taste it!**

"wow this is  
 really crazy  
 good stuff  
 I just made..!"

- Jason (age 7)



"I give  
 this a  
 hundred  
 thumbs up!"

- Phoebe (age 8)

Each delicious new recipe prepared by your young chef will be accessible online after each class at [www.stickyfingerscooking.com](http://www.stickyfingerscooking.com)  
**FOR COOKING-UP SOME DELICIOUS FAMILY FUN AT HOME!**

We Love Watching This Amazing 'Thank You Video' From The Happy Young Chefs At Mountain Meadow Community School:  
<http://flipagram.com/f/RSfr928jzf>

**Check Out What The Amazing Young Chefs Are Saying:**

**"I love it SO MUCH it's freaking me out!"**

-Lexi, age 8 (after tasting the very delicious Korean Bibimbop she just made)

**"This is so great! BETTER than Pizza!"**

-Monica, age 7 (after tasting her Chinese New Year Bok Choy Pancakes + Mandarin Soy Dipping Sauce)

**"These doughnuts are infinity percent vitamin C delicious!"**

-Tae-ji, age 8 (loving the Lemon Zucchini Doughnuts he just had a blast making)

**"I didn't think that I liked broccoli stems, and then in this soup, they are delicious!"**

-Devin, age 9, (savoring his awesome Easy Cheesy Broccoli Soup + Navajo Corn Cakes)



Our fun, engaging and creative chef instructors mix together a sense of fun and excitement as they combine the love of cooking with nutritional information, safe cooking skills and hygiene, jokes, geography, math skills and food history to help inspire a lifetime love of delicious, healthy family cooking.

**The Awesome Sticky Fingers Chefs In The News!**



Chicago Lead Chef Lucy Warenski cooking-up delicious Cool Corn Arepas on WGN's Lunchbreak



Young Chef Sienna and Sticky Fingers Cooking Food Geek-in-Chief Erin on FOX32 Good Day Chicago with Host Corey McPherrin cooking-up some delicious Quinoa Pizza Bites!

**What Parents And Schools Are Saying:**

"My boys absolutely love this class and adore their Chef. Our Tuesday dinner conversation surrounds their morning cooking and nutrition experience. Thanks for brightening our household!" -Roxanne, mom

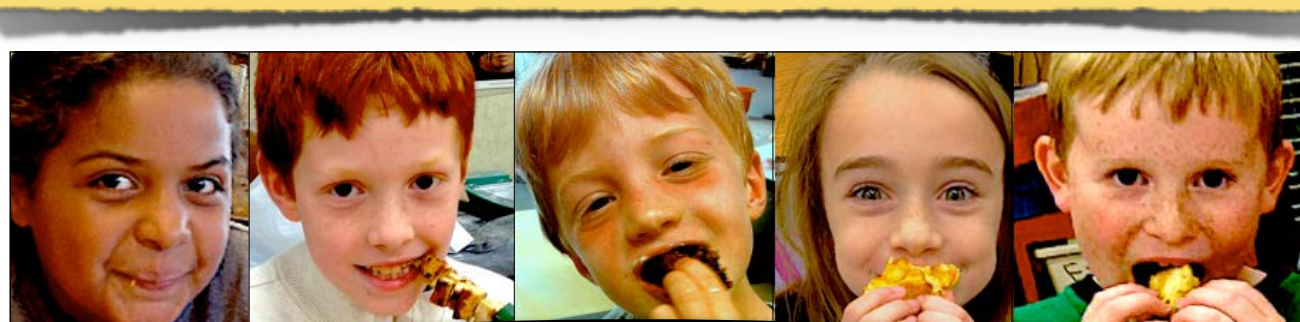
"My daughter LOVED her Sticky Fingers Cooking Class! She continues to apply her skills in the kitchen and has demonstrated that she can handle more responsibility than I was giving her. Thanks for the fantastic experience." -Amanda M. Faison, Magazine Food Editor

"Kudos Sticky Fingers Cooking! You and your staff are doing GREAT things! Look at the positive changes children and families are making in their lives with your inspiration!" -Angela Lauridsen, Boulder Valley School District

Just wanted to take a moment to thank you both for a great party! The kids had such a blast and they are still talking about it today! Great job, excellent food! Thanks again! -Birthday kid mom

"Sticky Fingers was a life changing experience for me and my sons. In just one Sticky Fingers lesson, my twins made and gobbled up blueberry ricotta pancakes and corn arepas with avocado salsa, and went from very picky eaters to young chefs who were interacting and enjoying food.

The impact from this experience was amazing." -Kay, mom



THYME to TURNIP the BEET on WHAT KIDS EAT

**Here is a Sneak Peek of the Some of The DELICIOUSNESS The Kids Will Be Cooking-Up in Our New Classes!**

Mini Oatmeal Cream Pies + Sweet Cream Filling + Spiced Kid Lattes

Very Berry Napoleons + Quick Chocolate Pot de Crème + Parisian Hot Chocolate

Spanish Empanada de Manzana (Apple Pies)+ Sorbete de Manzana

Perfect Plum Torte + Whipped Yogurt + PlumTASTIC Smoothies

Fried Avocado Street Tacos + Cilantro Crema + Lime Agua Fresca

Takeout-Style Sesame Noodle Salad + On-The-Go Boba

Super Spinach Saag Paneer + Indian Rice + Mighty Mango Lassi

São Paulo "Feijoada" Collard Greens + Brazilian Cheese Bread Bites + Brazilian Lemonade

Please note that recipes are subject to change – Based on our creative whim!

Classes are always non-free, and any and all dietary restrictions can and will be accommodated.

All of our Sticky Fingers trained cooking instructors share lifetime love of cooking and a passion for cooking with kids! We have Montessori school teachers, culinary school teachers, summer camp directors, catering chefs, and graduates from Le Cordon Bleu in Paris on our talented team of kids cooking instructors.

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Tuition includes chef instruction, all foods, materials, recipe collection and a substantial and healthy (shhh!) snack at the end of every class!

[www.stickyfingerscooking.com](http://www.stickyfingerscooking.com)

